Chronic acromioclavicular dislocation and torture allegations in detention

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In the case that we present, we have been designated as experts to examine a 21-year-old young man, who claims to be victim of physical violence perpetrated by police officers in the police station where he was on custody. Indeed, the concerned told the prison doctor during the medical visit of entry, about a complete impotence secondary to a right shoulder aggression by stick blows. The medical examination in prison highlighted painful limitation of motion of the shoulder strain with a right shoulder protruding without visible impact point. A widening of the acromioclavicular (AC) joint space was noted at the radiograph of the right shoulder. The patient was referred to the emergency of a University Hospital for specialist examination and the diagnosis of AC dislocation was confirmed by the clavicle deformation in «piano key» and the radiological appearance. No current injury was noted in this examination. In this torture allegation context, the prosecutor was notified and a judicial investigation was opened. A medical expertise was ordered.

Our medical assessment, carried out 17 days after the first examination of the detainee, highlighted a distortion of the AC joint on the right with a protruding collarbone under the skin and a mobility of the distal clavicle («piano key» sign). This deformation was associated with atrophy of the muscles of the right shoulder and right arm with a slight limitation of movement of the right shoulder. In our evaluation, we carried out a comparative examination of both upper limbs and noticed the same strain of the AC joint on the left, which is more marked on the right with a significant bump (See figure 1 and 2).

Moreover, we found no traces of violence on the skin and the neurological examination was uneventful. The radiographs of both shoulders by the Railhac incidence showed bilateral widening of the AC joint without other recent or former bone lesion (See figure 3).

We were, thus, able after expertise, to demonstrate that there is an AC dislocation of both shoulders and that it was a chronic ancient dislocation, this taking



Figure 1.



Figure 2.

into account the bilateral nature of the dislocation, the muscle atrophy, the absence of traumatic lesions such as bruises or hematomas on the skin and the absence of traumatic lesions in the radiography. Regarding all these arguments, we concluded that patient's abuse allegations were not concordant with our findings. Seen these medical expertise data, the judge decided a dismissal and the investigation stopping.

AC dislocation represents 8% of all dislocations of the upper limbs and 12% of the shoulder joints¹. It is particularly known among athletes especially in contact sports but also in road and fall accidents, the direct impact on the stump of the shoulder in adducted position is the primary traumatic mechanism^{2, 3}.

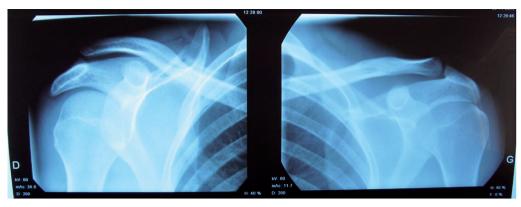


Figure 3.

What we call chronic AC dislocation is an acute joint injury not initially operated and which can be well tolerated, particularly among the low-active individuals, little using their shoulders in their professional or sports activities⁴. However, in such situations, subsequent effects can occur such as a limited range of motion and pain related to the instability of the clavicle and its projection under the skin especially in thin patients^{4,5}. In addition, reduced strain of the injured limb can cause muscle wasting⁴. All of these have been taken into account in our approach and allowed to confirm the chronic nature of the dislocation and exclusion of the possibility of torture.

Finally, we emphasize the importance of the comparative clinical and radiological examination, which in this case would have directed the prison doctor to chronic and bilateral dislocation and excluded the possibility of torture in this prisoner.

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